## **Guidelines for Camping at Kalapa**

## **Camping:**

Camping is offered only to Shambhala community members. Unimproved camping sites, distant from the house, welcome campers for short or long stays. A separate apartment, which is attached to the side of the main house, offers to campers drinking water, bathroom and shower, and shelter in inclement weather. It is not intended for overnight stay. Campers do not have use of the main house even when it is not occupied.

Campers must leave their vehicles by the barn building and walk a short distance to the campsites. Driving beyond this point is prohibited.

## **Camping Rates:**

\$25day

Camping Reservations: Contact Gary Brown.

Advance booking is required.

## Day Visitors and hikers

Day visitors and hikers are welcome from dawn to dusk;

Day hikers are asked to remain a respectful distance from the main house.

Day visitors may only park near the barn building.

Visitors are encouraged as they enjoy the space to clean up the land and the house. Cleaning and tidying is viewed as a meditative practice and a direct offering to the entire Shambhala Lineage.

- Hiking trails follow the Ingonish River and a brook to a series of waterfalls and, in the summer, swimming holes; please exercise caution on slipper surfaces.
- A sacred Tenno retreat building stands three kilometers within the valley; please respect
  the boundaries around this retreat which is for Sakyong Mipham Rinpoche and his
  family's sole use.
- Deer, moose, the occasional bear, and other creatures may be seen in the valley; please follow bear safety guidelines. House residents and campers will find these posted within the house and apartment.
- Pets are welcome; please refrain from allowing pets on the furniture and beds. You are expected to clean up after them on trails and in the meadows.
- Please drive very slowly when entering the land.
- Please leave your vehicle in the designated parking areas; the parking area near the house is reserved for house residents; campers and day hikers, please park near the barn.
- Please refrain from loud noise or music from 10pm to 9am.
- Please do not smoke in buildings or tents; fieldstrip cigarettes.
- Please, no firearms; no hunting; no fishing.
- Please, no alcohol drinking to excess; no underage drinking.

- Please, no illegal drugs; anyone possessing and/or using illegal drugs will be asked to leave the land.
- Please do not litter.
- Please do your best to leave the land further nurtured over how you may have found it. Cleaning and tidying is viewed as a meditative practice and an offering to the lineage.
- House Renters: Please leave the house at least as clean as you found it; vacuum, take out trash and launder sheets before departing.
- Campers: Please leave the auxiliary house apartment and your campsite in clean appealing order
- All Visitors: Do your best to leave the land further nurtured than how you may have found it.